



P.O. Box 374, Monroe, WA 98272

www.seedsofliberty.net

Weekly Newsletter – August 29th, 2009

Our first weekly newsletter was well received and we heard positive things from many people. Thank you! Please share this with your family, friends and neighbors. If you have any feedback, tips or information you'd like included, send email to newsletter@seedsofliberty.net.

Contents:

[Urgent Issues](#)

[Upcoming Events](#)

[Recent Activities](#)

[News You Can Use](#)

[Congressional Contacts](#)

Urgent Issues

This next week is going to be very, very busy. Momentum has been building against nationalized healthcare, and now Organizing for America, MoveOn.org, HealthCareNow.org and other groups are mobilizing their people and joining forces to fight back and attempt to sway public opinion. They want to send our representatives back to D.C. with a "Let's Get It Done!" (referring to health-care reform) mandate. MoveOn.org is capitalizing on the passing of Ted Kennedy to urge congress to "Do It for Teddy" with a "We Can't Afford to Wait" campaign. There is danger that CongressCritters fond of Ted Kennedy may now be more inclined to vote for health care reform out of sympathy. The coming week is going to be incredible – and we are going to need your support for our own surge during this period of time. Some in congress and the media are trying to put your mind at ease by saying that single payer is off the table (or similarly, that card-check won't be considered): what they really hope for is that you will recede back into that semi-catatonic state that you were in during the past several years, and go back to being part of the Silent Majority rather than the Angry (and Very Vocal) Mob. None of us can afford to rest quite yet – the threats that our nation faces are far from over, and we must not let the pendulum of public opinion start swinging back towards Socialism, Fascism and outright Marxism.

We realize that all of us are hard-working capitalists, but if there is any way possible for you to take a couple of hours off this coming Friday and show your support prior to a long, 3-day Labor Day weekend, please consider supporting us in getting the attention of both Senator Murray and Senator Cantwell. We will be lining the streets outside the offices of our senators at the Federal Building, 915 2nd Ave. in Seattle, starting at 9am on Friday morning, the 4th of September.

Last week we put word out that Patty Murray's office will have open office hours every Friday in September, from 9am to 4:30pm. Citizens can sign up on a first come, first serve basis and spend 15 minutes speaking with a staff member about any concerns they may have. Friday, September 4th, is the only Friday that Senator Murray might still be in town before heading back to D.C. We intend to overwhelm her office with hundreds of well informed citizens signing up for their 15 minute chat with her staff representative. We know that there are only 30 fifteen minutes spots in a 7 ½ hour time period, and that many of us will not get our chance. We would ask that everyone, whether you are able

to speak to Senator Murray's staff member or not, bring a letter or postcard with your message to Senator Murray. And bring a second copy for Senator Cantwell.


By massing in front of the offices of Murray and Cantwell we intend to make it abundantly clear that that it is not acceptable for our representative Senators to ignore us. It is unacceptable that both Senators provided NOT ONE SINGLE opportunity for us to present our ideas for healthcare reform or voice our concerns about current legislation to them personally. It would be great if each of you could take time from the protest and drop off your individual statements at the Senators' offices, or we will be happy to collect and drop them off for you. Please make your letters and cards thoughtful, with individually constructed questions and statements, and sign them with your name, address and phone number to make them official. Please provide a letter or statement for both Senators, and then gather outside of the building with appropriate signs, slogans, handouts and flags.




Upcoming Events

Events that are most important or of higher priority are marked with a gold and blue star; events that are low priority or "for your information" only are marked with a light gray text; events denoted with (OFA), (MoveOn) or (HealthCareNow) are organized by the "other side", but we may want to attend and make our presence felt and our opposition known. There are many events occurring during the next week as the Congressional Recess ends, culminating with a national March on Washington, D.C. on September 12th.

We know that not everybody can make all events. If you can at least support us at the most important events you will have our gratitude, and very possibly that of your nation and your posterity. Please try to make at least two of the high priority events during the coming week. If you need help with transportation, let us know and we'll see if we can assist.

Also, if your representative is holding a town hall, you should consider it your civic duty, your solemn responsibility, to attend and make your voice heard.

Sunday, Aug. 30 th 1:30pm		Representative Jay Inslee Town Hall at 1:30pm at the Edmonds-Woodway High School gymnasium, 7600 212th St. SW, Edmonds. RSVP to inslee.rsvp@mail.house.gov or 206-361-0233.
Monday, Aug. 31st 2pm (OFA)		Counter-protest Organizing for America press conference and pep rally outside the offices of Representative Dave Reichert at 2737 78 th Ave. SE, Mercer Island. Local news reporters are supposed to be present. Bring health-care appropriate signs and a good attitude!
Monday, Aug. 31 st 3pm (HealthCareNow)		Rep. Jay Inslee is holding a " Health Care Discussion " sponsored by the AARP and HealthCareNow.org at the Shoreline Community Center, 18560 1st Ave. NE, Seattle. You must RSVP by sending e-mail to aarpwa@aarp.org and write "August 31st Event" in the subject line. If you are a member of AARP or a Senior Citizen, please consider attending this event.
Monday, Aug. 31 st 7:30pm		The Whidbey Island Tea Party is hosting a Citizens' Forum on Health Care Reform at the North Whidbey Middle School, 67 NE Izett St. in Oak Harbor. Dr. Roger Stark of the Washington Policy Center will be the featured speaker, and Washington State Representative Barbara Bailey will be there, along with speakers from CGI, Inc. If you missed Dr. Stark at the Health Care Town Hall in Renton last week, he's a great

<p>Tuesday, Sept. 1st 2pm (OFA)</p>		<p>source of information on the health care topic. Counter-protest Organizing for America press conference and pep rally outside the offices of Representative Rick Larsen, 2930 Wetmore Ave. in Everett. They are gathering in the amphitheater of the County Building Complex. Bring health-care appropriate signs.</p>
<p>Tuesday, Sept 1st 7pm</p>		<p>Representative McDermott Town Hall University of Washington, Meany Hall Doors will open at 6:15 – seating on a first-come, first-serve basis.</p>
<p>Wednesday, Sept. 2nd 7:30pm (MoveOn.org)</p>		<p>Counter-protest the MoveOn.org candlelight vigil and pro-reform rally at the Westlake Mall Plaza, 400 Pine Street in downtown Seattle. This is part of a national drive by MoveOn.org using the “We can’t afford to wait” slogan and is a blatant attempt to use the death of Ted Kennedy to popularize government takeover of the medical industry. If you follow the link in the previous sentence, you’ll find similar vigils/rallies being conducted in Ballard, Tacoma, Bellingham and many other NW cities.</p>
<p>Thursday, Sept. 3rd 6pm (OFA)</p>		<p>Counter Protest!! At the Westlake Mall Plaza there will be a Stand Up for Health Insurance Reform! rally sponsored by our favorite organizations: Organizing for America, Health Care for America NOW, the SEIU, UFCW 21, Washington State Labor Council, WashPIRG and Planned Parenthood (ever wonder what they get out of health care “reform”?). Of course, our favorite Jim McDermott and “other speakers and acts” will be there to pander to the gathered masses. This is shaping up to be a big event, and it would be a pity if the only thing shown on the 11pm evening news were the joyous socialists. Why don’t you join us for an evening of counter-protesting?</p>
<p>Friday, Sept. 4th 9am</p>		<p>Protest at the office of Senator Murray and Senator Cantwell – see the Urgent Issues section for details, and please come support us!</p>
<p>Monday, Sept. 7th 1pm (OFA)</p>		<p>Organizing for America is going to be hosting Labor Day Picnics in Seattle, Tacoma and Chehalis. They have invited the staff members our elected officials to join them at the picnics and receive petitions that those organizations have been gathering in favor of health-care reform. At this time we do not plan any counter-protesting at this picnics.</p>
<p>September 12th 12pm</p>		<p>Set this day aside for a National Tea Party Day. Thousands of patriots will be gathering in Washington, D.C. for a march on the capital. We will be holding our own local Tea Party at the corner of Highway 2 and Lewis Street in Monroe starting at 12pm. There is also a larger event planned for Olympia, for those willing to travel. We will have more details on both events in next week’s newsletter.</p>
<p>September 17th 6pm</p>		<p>We will be having a 2 hour U.S. Constitution Course at the Monroe library at 6pm. This course will be a continuation of the previous Constitution course that Ty conducted, with more focus on the Bill of Rights. Starting on October 6th, we will be holding classes the 1st Tuesday of each month at the Monroe library.</p>
<p>September 19th 8am – 5pm</p>		<p>The Tacoma 9/12 Group is sponsoring a “Making of America” course at the UW campus in Tacoma. This is an all-day class taught by U.S. Constitutional Expert Dr. Earl Taylor of the National Center for</p>

[Constitutional Studies](#). The curriculum was developed by Dr. W. Cleon Skousen, the author of The 5,000 Year Leap. The cost of this course is \$15, and includes a 135 page Constitutional study guide. For more information call Don at (206) 399-6632 or send email to don@wakeupfightback.com

September 26th
1pm

Take the Field with Glenn Beck!! The Evergreen Freedom Foundation is sponsoring lunch and book signing with Glenn Beck at Safeco Field. If interested, go to <http://www.glennbeckseattle.com> for details.

Recent Activities

We at Seeds of Liberty have been very busy recently, both attending and sponsoring events and working to make your voices heard by our elected officials and by the local news media. Some of the activities we've conducted:

- ✓ Participated in a huge Tea Party Health Care Freedom Rally at the Northgate Mall on August 22nd, with a Seeds of Liberty table, petitions, informational handouts and over 80 hand-made signs for all to use. See pictures [here](#), and look for video shortly.
- ✓ On Thursday, August 20th we co-sponsored with Seattle Sons & Daughters of Liberty and TeaPartyWA.org a health care forum by the AAPS at the IKEA Performing Arts Center in Renton. This event was moderated by Kirby Wilbur of KVI 570, and was fantastic with regards to the valuable information presented. See pictures [here](#), and look for audio/video files shortly.
- ✓ Set up a table with fliers and informational handouts and provided hand-made signs for all to use at the Rick Larson Town Hall in Everett on August 12th. See pictures [here](#), and look for video files shortly.
- ✓ Attended health care rallies each Thursday for the past 5 weeks in front of the Group Health building on the corner of 116th and 8th in Bellevue. Some pictures are [here](#), [here](#) and [here](#).
- ✓ Participated in nation-wide protests outside of the local offices of our representatives in Everett on [July 17th](#) and August 14th.
- ✓ Sent several news releases to area newspapers, responded to questions from reporters for local stories regarding health care reform and submitted rebuttals against positions taken by our elected representatives. We are doing what we can to insert our voice into the stories presented by the local media.
- ✓ Julie Martinoli, the President of Seeds of Liberty, has been on the Kirby Wilbur show on KVI 570 twice in the past few weeks, was on the David Boze show on KTTH 770 The Truth once, appeared on KCPQ Channel 13 news and was mentioned and/or quoted in both the Seattle Times and the Everett Herald.

News You Can Use

- This past week, Glenn Beck's TV program has broken new viewership records for the 5pm (EST) timeslot. Millions tuned in as he did a week-long series exposing the people that President Obama has surrounded himself with, and the groups that are intertwined in the goal of "fundamentally transforming" America. Love him or hate him, he is causing millions to naturally follow his admonitions to (A) Question With Boldness, (B) Hold To The Truth and (C) Speak Without Fear. If you missed Glenn TV show this week, or you've never watched it, please consider checking it out at <http://www.youtube.com/user/GlennBeckDailyClips#play/uploads>.

- If you have not yet done so, please consider signing the [Free Our Health Care NOW!](#) petition online. There are currently more than 1 million signatures, but every single one counts.
- On the website for [Representative John Fleming](#) (R – Louisiana) you can vote on whether politicians should be forced to enroll in whatever public health care plan they vote for. Representative Fleming (a physician) has offered a resolution in congress to do just that. Go to his website and voice your support for our elected officials to put their health where their mouths are.
- There are several petitions available to review and sign (if you support) at the [National 9/12 Petitions](#) website. You can voice your support for several conservative/libertarian causes, from health care to cap-and-trade to auditing the Federal Reserve to even Glenn Beck.
- If you haven't heard, the CEO of Whole Food wrote an incredible [op-ed piece](#) in the Wall Street Journal outlining necessary steps for true health care reform. His opinion has riled the very liberals that love shopping at Whole Foods, and several are now calling for nation-wide boycotts of the company. If you get a chance to shop at Whole Foods, please do so – and mention in the checkout line that you wholeheartedly support their CEO's point of view.
- Love to be frightened? Can't wait until Halloween? Here's your fix: just go to <http://www.usdebtclock.org> before you have your morning coffee, and people will comment on your frazzled 'do all day long. Check it out again before bedtime and you'll soon lay in your bed with your eyes wide open, tightly gripping the covers and losing sleep over our national debt.

Congressional Contacts

<p>President Barack Obama 1600 Pennsylvania Avenue NW Washington, DC 20500 Phone: (202) 456-1111 Fax: (202) 456-2461 Send Email or visit the White House Website</p>	<p>Senator Patty Murray 173 Russell Senate Office Building Washington, D.C. 20510-4701 D.C. Phone: (202) 224-2621 D.C. Toll-free: (866) 481-9186 D.C. Fax: (202) 224-0238 Everett Phone: (425) 259-6515 Seattle Phone: (206) 553-5545 Send Email or visit her Website Go here for additional contact information.</p>
<p>Senator Maria Cantwell 511 Dirksen Senate Office Building Washington, DC 20510-4704 D.C. Phone: (202) 224-3441 D.C. Toll-free: (888) 648-7328 D.C. Fax: (202) 228-0514 Everett Phone: (425) 303-0114 Seattle Phone: (206) 220-6400 Send Email or visit her Website Go here for additional contact information.</p>	<p>Congressman Jay Inslee – District 1 403 Cannon House Office Building Washington, D.C. 20515-4701 D.C. Phone: (202) 225-6311 D.C. Fax: (202) 226-1606 Shoreline Phone: (206) 361-0233 Poulsbo Phone: (360) 598-2342 Send Email or visit his Website Go here for additional contact information.</p>
<p>Congressman Rick Larsen – District 2 108 Cannon House Office Building Washington, DC 20515-4702 D.C. Phone: (202) 225-2605 D.C. Fax: (202) 225-4420 Everett Phone: (425) 252-3188</p>	<p>Congressman Brian Baird – District 3 2350 Rayburn House Office Building Washington, D.C. 20515-4703 D.C. Phone: (202) 225-3536 D.C. Fax: (202)-225-3478 Olympia Phone: (360) 695-6292</p>

<p>Bellingham Phone: (360) 733-4500 Send Email or visit his Website Go here for additional contact information.</p>	<p>Vancouver Phone: (360) 352-9768 Send Email or go to his Website Go here for additional contact information.</p>
<p>Congressman Doc Hastings – District 4 1203 Longworth House Office Building Washington, D.C. 20515-4704 D.C. Phone: (202) 225-5816 D.C. Fax: (202) 225-3251 Yakima Phone: (509) 452-3243 Pasco Phone: (509) 543-9396 Send Email or visit his Website Go here for additional contact information.</p>	<p>Congresswoman Cathy McMorris Rodgers – District 5 1323 Longworth House Office Building Washington, D.C. 20515-4705 D.C. Phone: (202) 225-2006 D.C. Fax: (202) 225-3392 Spokane Phone: (509) 353-2374 Walla Walla Phone: (509) 529-9358 Send Email or visit her Website Go here for additional contact information.</p>
<p>Congressman Norm Dicks – District 6 2467 Rayburn House Office Building Washington, D.C. 20515-4706 D.C. Phone: (202) 225-5916 D.C. Fax: (202) 226-1176 Tacoma Phone: (253) 593-6536 Bremerton Phone: (360) 479-4011 Send Email or visit his Website Go here for additional contact information.</p>	<p>Congressman Jim McDermott – District 7 1035 Longworth House Office Building Washington, D.C. 20515-4707 D.C. Phone: (202) 225-3106 D.C. Fax: (202) 225-6197 Seattle Phone: (206) 553-7170 Send Email or visit his Website Go here for additional contact information.</p>
<p>Congressman Dave Reichert – District 8 1730 Longworth House Office Building Washington, D.C. 20515-4708 D.C. Phone: (202) 225-7761 D.C. Fax: (202) 225-4282 Mercer Island Phone: (206) 275-3438 Send Email or visit his Website Go here for additional contact information.</p>	<p>Congressman Adam Smith – District 9 2402 Rayburn House Office Building Washington, D.C. 20515-4709 D.C. Phone: (202) 225-8901 D.C. Fax: (202) 225-5893 Tacoma Phone: (253) 593-6600 Send Email or visit his Website Go here for additional contact information.</p>

For the complete list of Representatives from Washington State go [here](#).

If you don't know what district you live in, go [here](#), scroll down and put in your address and/or zip code, and hit the Submit button.



If you have feedback about this newsletter or would like to submit an item for the next newsletter, please send email to newsletter@seedsofliberty.net