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www.seedsofliberty.net

Weekly Newsletter – August 22nd, 2009

Welcome to our first weekly newsletter!! With our newsletter we would like to keep you more informed of current events and activities, while at the same time reducing the amount of emails that you receive. There will be times when we will need to inform you of urgent issues and will need to send an email during the week, but we will try our best to keep most communications in our newsletter.

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Urgent Issues

After numerous e-mails and phone calls to Patty Murray to set up a meeting, her office has agreed to hold open office hours every Friday in September. Seeds of Liberty will be cooperating with every Tea Party group in Washington State to organize and create a powerful and significant line of patriots opposed to the current legislation and any legislation that includes government healthcare, public option, co-op plans, etc.

We will line up at Senator Murray's office located at 915 2nd Ave. Room 2988 in Seattle to clearly state our opposition. We will arrive at 8:55 am each Friday in September and wait in line to express our concerns and ask questions. We will come as individuals and as representatives of our families, friends and communities.

Patty Murray's office has said that "She doesn't DO town halls." They have further stated that she fully supports 'the public option.' When advised that it doesn't really matter what SHE supports, she is our elected representative and is obligated to vote on our behalf, they have replied that the outstanding majority of Americans support this current healthcare legislation.

If you think this is a lie; if you think that Patty Murray is beholden to someone other than "We the People"; if you want to help stop this healthcare legislation and slow down or reverse the socialist agendas that are eroding our liberties, then PLEASE show up every Friday in September. Stand in line with us. Stand up for your freedoms.

Upcoming Events

July was a busy month, but August has been non-stop – with one week to go. September is shaping up to be incredibly busy as well. Many believe that congress will try to put health care "reform" legislation to a vote by early October. We must fight hard to make sure that our elected officials know our opinions! We are not listing all of the upcoming events here, only those that we feel are most

important. If new urgent events come up, we will send flash email to alert you.

August 25th	Representative Adam Smith is holding a town hall at 7pm at the Milgard Family Hope Center in Lakewood. Check his website for updates and call 253-593-6600 or (888) SMITH09 to RSVP and reserve a seat.
August 28th	National Health Care Freedom Rally in front of congressional offices at 12pm (noon) at 2930 Wetmore Avenue in Everett.
August 29th	Representative Jay Inslee is holding a town hall at 11:30am in Poulsbo at 1780 NE Hostmark St (the North Kitsap High School gymnasium). RSVP to inslee.rsvp@mail.house.gov or 206-361-0233.
August 30th	Representative Jay Inslee is holding a town hall at 1:30pm in Edmonds at 7600 212th St SW (the Edmonds-Woodway High School gymnasium). RSVP to inslee.rsvp@mail.house.gov or 206-361-0233.
September 12th	Set this day aside for a National Tea Party Day. Thousands of patriots will be gathering in Washington, D.C. for a march on the capital . We are planning on holding our own local event – stay tuned for details.
September 17th	We will be having a 2 hour class on the U.S. Constitution at the Monroe library at 6pm. This course will be a continuation of the previous Constitution course that Ty conducted, with more focus on the Bill of Rights. Starting on October 2 nd , we will be holding classes the 1 st Tuesday of each month at the Monroe library.
September 19th	The Tacoma 9/12 Group is sponsoring a “ Making of America ” course at the UW campus in Tacoma. This is an all-day class taught by U.S. Constitutional Expert Dr. Earl Taylor of the National Center for Constitutional Studies . The curriculum was developed by Dr. W. Cleon Skousen, the author of The 5,000 Year Leap. The cost of this course is \$15, and includes a 135 page Constitutional study guide. For more information call Don at (206) 399-6632 or send email to don@wakeupfightback.com
September 26th	Take the Field with Glenn Beck!! The Evergreen Freedom Foundation is sponsoring lunch and book signing with Glenn Beck at Safeco Field. If interested, go to http://www.glennbeckseattle.com for details.

Recent Activities

We at Seeds of Liberty have been very busy recently, both attending and sponsoring events and working to make your voices heard by our elected officials and by the local news media. Some of the activities we've conducted:

- ✓ Participated in a huge Tea Party Health Care Freedom Rally at the Northgate Mall on August 22nd, with a Seeds of Liberty table, petitions, informational handouts and over 80 hand-made signs for all to use. See pictures [here](#), and look for video shortly.
- ✓ On Thursday, August 20th we co-sponsored with Seattle Sons & Daughters of Liberty and TeaPartyWA.org a health care forum by the AAPS at the IKEA Performing Arts Center in Renton. This event was moderated by Kirby Wilbur of KVI 570, and was fantastic with regards to the valuable information presented. See pictures [here](#), and look for audio/video files shortly.
- ✓ Set up a table with fliers and informational handouts and provided hand-made signs for all to use at the Rick Larson Town Hall in Everett on August 12th. See pictures [here](#), and look for video

files shortly.

- ✓ Attended health care rallies each Thursday for the past 5 weeks in front of the Group Health building on the corner of 116th and 8th in Bellevue. Some pictures are [here](#), [here](#) and [here](#).
- ✓ Participated in nation-wide protests outside of the local offices of our representatives in Everett on [July 17th](#) and August 14th.
- ✓ Sent several news releases to area newspapers, responded to questions from reporters for local stories regarding health care reform and submitted rebuttals against positions taken by our elected representatives. We are doing what we can to insert our voice into the stories presented by the local media.
- ✓ Julie Martinoli, the President of Seeds of Liberty, has been on the Kirby Wilbur show on KVI 570 twice in the past few weeks, was on the David Boze show on KTTH 770 The Truth once, appeared on KCPQ Channel 13 news and was mentioned and/or quoted in both the Seattle Times and the Everett Herald.

News You Can Use

- If you have not yet done so, please consider signing the [Free Our Health Care NOW!](#) petition online.
- On the website for [Representative John Fleming](#) (R – Louisiana) you can vote on whether politicians should be forced to enroll in whatever public health care plan they vote for. Representative Fleming (a physician) has offered a resolution in congress to do just that. Go to his website and voice your support for our elected officials to put their health where their mouths are.
- There are several petitions available to review and sign (if you support) at the [National 9/12 Petitions](#) website. You can voice your support for several conservative/libertarian causes, from health care to cap-and-trade to auditing the Federal Reserve to even Glenn Beck.
- If you haven't heard, the CEO of Whole Food wrote an incredible [op-ed piece](#) in the Wall Street Journal outlining necessary steps for true health care reform. His opinion has riled the very liberals that love shopping at Whole Foods, and several are now calling for nation-wide boycotts of the company. If you get a chance to shop at Whole Foods, please do so – and mention in the checkout line that you wholeheartedly support their CEO's point of view.

Congressional Contacts

<p>President Barack Obama 1600 Pennsylvania Avenue NW Washington, DC 20500 Phone: (202) 456-1111 Fax: (202) 456-2461 Send Email or visit the White House Website</p>	<p>Senator Patty Murray 173 Russell Senate Office Building Washington, D.C. 20510-4701 D.C. Phone: (202) 224-2621 D.C. Toll-free: (866) 481-9186 D.C. Fax: (202) 224-0238 Everett Phone: (425) 259-6515 Seattle Phone: (206) 553-5545 Send Email or visit her Website Go here for additional contact information.</p>
<p>Senator Maria Cantwell 511 Dirksen Senate Office Building Washington, DC 20510-4704 D.C. Phone: (202) 224-3441</p>	<p>Congressman Jay Inslee – District 1 403 Cannon House Office Building Washington, D.C. 20515-4701 D.C. Phone: (202) 225-6311</p>

<p>D.C. Toll-free: (888) 648-7328 D.C. Fax: (202) 228-0514 Everett Phone: (425) 303-0114 Seattle Phone: (206) 220-6400 Send Email or visit her Website Go here for additional contact information.</p>	<p>D.C. Fax: (202) 226-1606 Shoreline Phone: (206) 361-0233 Poulsbo Phone: (360) 598-2342 Send Email or visit his Website Go here for additional contact information.</p>
<p>Congressman Rick Larsen – District 2 108 Cannon House Office Building Washington, DC 20515-4702 D.C. Phone: (202) 225-2605 D.C. Fax: (202) 225-4420 Everett Phone: (425) 252-3188 Bellingham Phone: (360) 733-4500 Send Email or visit his Website Go here for additional contact information.</p>	<p>Congressman Brian Baird – District 3 2350 Rayburn House Office Building Washington, D.C. 20515-4703 D.C. Phone: (202) 225-3536 D.C. Fax: (202)-225-3478 Olympia Phone: (360) 695-6292 Vancouver Phone: (360) 352-9768 Send Email or go to his Website Go here for additional contact information.</p>
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<p>Congressman Norm Dicks – District 6 2467 Rayburn House Office Building Washington, D.C. 20515-4706 D.C. Phone: (202) 225-5916 D.C. Fax: (202) 226-1176 Tacoma Phone: (253) 593-6536 Bremerton Phone: (360) 479-4011 Send Email or visit his Website Go here for additional contact information.</p>	<p>Congressman Jim McDermitt – District 7 1035 Longworth House Office Building Washington, D.C. 20515-4707 D.C. Phone: (202) 225-3106 D.C. Fax: (202) 225-6197 Seattle Phone: (206) 553-7170 Send Email or visit his Website Go here for additional contact information.</p>
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For the complete list of Representatives from Washington State go [here](#).

If you don't know what district you live in, go [here](#), scroll down and put in your address and/or zip code, and hit the Submit button.



If you have feedback about this newsletter or would like to submit an item for the next newsletter, please send email to newsletter@seedsofliberty.net